



Mayor Edwin M. Lee

Behavioral Health Services Monthly Director's Report October 2017

1. COMMUNITY RESPONSE

Heat Advisory in San Francisco

In September, during the days where San Francisco experienced extremely hot weather, number of cooling centers were announced for public use. BHS OMI Family Center (at 1701 Ocean Avenue) was identified as one of the Cooling Center, in that particular neighborhood, on the designated days. Also, during the weekend, BHS staff were deployed and provided onsite support, at various designated cooling center sites throughout the City. BHS truly appreciates the dedicated staff who volunteered to help.

Hepatitis A Vaccination Campaign to Reduce the Risk of Outbreak

In light of the Hepatitis A outbreaks elsewhere in California, San Francisco has been taking a proactive approach to reduce the risk of a similar outbreak. "The at-risk populations for Hepatitis A infection are homeless and drug using communities," said Barbara Garcia, San Francisco Director of Health. "We are directly reaching out to these populations to provide vaccinations to ensure that we reduce the risks of a Hepatitis A outbreak in San Francisco."

The Hepatitis A vaccine is safe and effective and the best strategy to reduce the chance of an outbreak here while protecting the at-risk population. The vaccine is free and being made widely available thanks to collaboration with health care providers, community based organizations, homeless shelters, navigation centers and employees and volunteers who work with the population at-risk.

In October, the SFDPH and community partners will be escalating efforts with a series of pop-up vaccination clinics and an increase in street outreach, along with a continuation of the activities already underway. BHS has been actively involved & coordinating efforts, and various BHS related sites (Civil Service and Contractors) have been identified to offer & administer the vaccines. Behavioral Health Access Center, located at 1380 Howard, is also a designated site for this purpose, operating from 9:00am to 4:00pm, Monday through Friday.

Get more San Francisco information here: <http://www.sfdcp.org/preventhepA.html>

North Bay Fires Disaster Response

SFDPH Behavioral Health Services (BHS) quickly activated in response to the disaster mental health support needs of evacuees from the wildfires that erupted in the North Bay counties. Since evacuation shelters were opened up in the affected areas, with about 100 staff members ready & on stand-by, BHS has already sent approximately 30 disaster mental health workers from BHS programs (Civil-Service and Community Based Organizations/Contractors) to provide support to the people who are impacted &/or suffered losses, including to families and children. The majority of the disaster mental health workers that BHS deployed thus far are bilingual Spanish-speaking, as Spanish was the identified language in greater need. BHS continues to line up disaster mental health workers to deploy into work shifts (including overnights), currently & into the coming week(s), to both Napa and Sonoma counties where the fires had the most devastating impact. BHS is courting its disaster mental health support via the Statewide EMS authority for coordinating County Mutual Aid. SFDPH BHS is grateful to all the mental health workers who were already deployed and to the many staff who have signed up & expressed their willingness help out. BHS will facilitate *debriefing sessions* for staff upon returning from volunteering.

2. MENTAL HEALTH SERVICES ACT (MHSA)

2nd Annual BHS Art Show at the Main Library

On Tuesday, October 3, 2017, UCSF's Citywide Employment Program teamed up with MHSA to present the 2nd Annual BHS art show in the Latino Room of the Main Library in San Francisco. Over eighty pieces of art were received from mental health consumers from all over San Francisco spanning genres from paintings, dioramas, airbrush art, wood carvings to beaded bottles and more. From these submissions, the panel of judges narrowed it down to twenty pieces that were shown at the opening. With over 100 guests in attendance, Mr. Imo Momoh (MHSA Director) and BHS Director gave brief speeches to further support the artists and inspire. Artists also spoke about their lives, challenging experiences & accomplishments and explained the motivations and “theories” behind their art. Attendees enjoyed food catered by UCSF Citywide’s own Slice of Life (vocational training program). A special recognition was given to two of the artists. High quality reproductions will be on display in the third floor rotunda in the Main Library until the end of the calendar year. Please visit and enjoy the art!

6th Annual Directing Change Program & Film Contest 2018

The California Mental Health Services Authority (CalMHSA) – a proud partner of San Francisco’s Department of Public Health: Behavioral Health Services, Mental Health Services Act -- is pleased to announce its 6th Annual Directing Change Program & Film Contest 2018 (directingchange.org) that invites young people ages 14 to 25 to create 30-second and 60-second films about suicide prevention for their peers. This program gives youth and young adults the chance to produce films that support the awareness, education and advocacy of suicide prevention and mental health; and these films will ultimately be used for social change on the contestants’ school campuses and their communities. The capstone for this program will be a red carpet award ceremony, where the young filmmakers will be recognized for their creativity and artistry. For more information about Directing Change 2018, please visit:

<http://www.directingchange.org/submission-categories/>.

[Submission Categories - Directing Change](#)

3. TRANSITIONAL AGE YOUTH (TAY)

BHS Vocational CO-OP, Occupational Therapy Training Program-SF, and the IPS Implementation

Occupational Therapy Training Program (OTTP-SF) serves at-risk youth in a multitude of mental health, educational, and vocational programs and strives to engage them in meaningful activities that result in positive goal fulfillment. In April 2016, OTTP-SF responded to California State Department of

Rehabilitation’s invitation to do a pilot study on implementing the Individual Placement and Support (IPS) model in its work with youth ages 15-24 with a primary mental health diagnosis. Some of the core principles of IPS include rapid job search, attention to client preferences, and time unlimited support. In addition, IPS supported employment is integrated with the treatment team with competitive employment as the goal. The IPS pilot program started with 13 clients from OTTP-SF’s outpatient programs and the one year pilot yielded outcomes as listed below.

	IPS	Non-IPS
Time it takes for clients to get first job from referral to program	109 days	188.5 days
Percentage of clients who obtain at least one job while in program	77%	54%
Time it takes to make first face-to-face contact with employer from referral to program	82 days	92 days

In addition to these positive outcomes, they have also received significant positive feedback from the participants. Clients have obtained a wide variety of positions in areas they are truly interested in. One of the IPS clients recently received her ideal job as an office assistant. According to the client’s Vocational Specialist, Nikki Mathews, MS, OTR/L, it has been amazing to observe her transformation; “She has made so much progress in the last couple of months managing her anxiety, and searching for a job has really increased her confidence. When I first met her, she had a hard time holding a simple conversation; however, after her first interview, she walked out of the room like she owned the place!” Another of Nikki’s client recently went on his first job interview. He has difficulty managing anxiety and typically does not show/express his emotions; however after an interview at a tech company, his *dream* job, he said, “I was so excited for my interview, I was telling everyone. I think I told my mom six times!”

For additional information about OTTP-SF and how to enroll your clients in the BHS/DOR Vocational CO-OP, please contact Rachel Pechter at (415) 551-0975 or Rachel.pecher@ottp-sf.org.

4. FORENSIC/JUSTICE INVOLVED BEHAVIORAL HEALTH SERVICE

The Community Justice Center (CJC) is a community-based collaborative court program that partners with the San Francisco Superior Court, the San Francisco District Attorney’s Office, the San Francisco Public Defender’s Office, Human Services Agency and the San Francisco Adult Probation Department. SFDPH staff provide case management services to people who are charged within the geographic area of the Tenderloin, Civic Center, parts of the South of Market neighborhood, and Union Square. SFDPH staff provide services on site and linkage to social services agencies; community resources; and primary, behavioral health and substance use disorder treatment programs.

The SFDPH staff at CJC host a variety of groups, one of which is being highlighted and is led by Dalicia Nance. In March of 2017, the Community Justice Center and the Demonstration Gardens at UC Hastings run by Kasey Asberry, forged a relationship. Clients have been coming to the Demonstration Garden on Wednesday mornings for what it's currently calling the *CJC Coffee Hour*. Coffee and snacks are provided and participation occurs in a variety of ways. People can participate in a conversation, do projects, sit quietly at a table & draw, or explore. One theme that has emerged out of the conversations is the memories linked to a grandparent, grandmothers especially. This theme is going to be the focus of a larger project that clients are going to create. Additionally, Kasey is working diligently to find funding to support this effort and see about stipend payments for CJC clients who want to be a gardener trainee. The hope is that with this training, clients will be able to obtain work where they would be able to use their gardening skills. To share, a quote from one of the newest members: "Most peaceful hour...Enjoy the peace of mind...Mind can shut off and refocus on other things".

BHS appreciates the wonderful & impactful recovery oriented work that is being done at the Community Justice Center!

5. ANNOUNCEMENT

California Governor Edmund G. Brown Jr. Announces Board of Behavioral Sciences Appointment

SFDPH is pleased to announce that BHS Training Coordinator, Jonathan Maddox, LMFT, has been appointed to the California Board of Behavioral Sciences. Mr. Maddox is a Licensed Marriage and Family Therapist, who has been the training & internship coordinator at BHS since 2014, where he has also served in several positions since 2006, including program director and clinical supervisor. Additionally, Mr. Maddox has maintained a private practice since 2004. He was a mental health consultant for Contra Costa County Mental Health Services from 2005 to 2006, a therapist at the East Bay Agency for Children from 1998 to 2000, and a military police officer in the U.S. Army from 1989 to 1992. Mr. Maddox earned a Master of Arts degree in marriage and family therapy from Oral Roberts University.



Past issues of the CBHS Monthly Director's Report are available at:

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>

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