



Mayor Edwin M. Lee

Behavioral Health Services Monthly Director's Report June 2017

1. MENTAL HEALTH SERVICES ACT (MHSA)

San Francisco City & County Receives Two Awards from the National Association of Counties (NACo)

SFDPH Behavioral Health Services is pleased to share that San Francisco's "*Vocational Rehabilitation Employment and Training Program*" and "*Peer-to-Peer Programs*" both have been selected as **one of the 100 Brilliant Ideas at Work**, as part of the National Association of Counties' (NACo) Brilliant Ideas at Work Presidential Initiative. Under the leadership of NACo President, Bryan Desloge, NACo embarked on an initiative in 2016 and 2017 to identify and share 100 examples of visionary county leadership that results in improving residents' quality of life.

This is the second NACo award for the *Peer-to-Peer Programs* and *Vocational Rehabilitation Employment and Training Program*. Both programs, under SFDPH MHSA, have been awarded 2017 NACo Achievement Awards in the category of Health.

The *Vocational Rehabilitation Employment and Training Programs* service category comprises of ten (10) vocational programs that are designed to ensure that individuals with serious mental illness and co-occurring disorders are able to secure meaningful and long-term employment. In collaboration with the California Department of Rehabilitation, SFDPH identified a need for various training and employment support programs to meet the current labor market trends and employment skill-sets necessary to succeed in the competitive workforce.

The *Peer-to-Peer Program* service category comprises of twelve (12) peer programs that are designed to integrate peer specialists into the public mental/behavioral health system service delivery model. Peer-to-peer support services, a Substance Abuse and Mental Health Services Administration-recognized best practice, are an integral part of a wellness and recovery-oriented mental health system as individuals who have participated in mental/behavioral health services, either as a consumer or as a family member, bring unique skills, knowledge, and lived experience to others who have behavioral health challenges and are struggling to navigate the behavioral health system.

Congratulations to program staff & consumers, our stakeholders & community, and San Francisco!

Impacts of Mental Health Services Act Programs

SFDPH-BHS Quality Management (QM) has prepared two new evaluation briefs to share outcomes of MHSA programs:

- Horizons Emic Behavioral Health Services
- Seneca Family of Agencies Wraparound Full Service Partnership

Written by QM staff and approved by program directors, the briefs are based on program-reported data from year-end reports and, for the FSP, continuous state-mandated data collection. Outcome data reflect the last complete fiscal year, FY15-16.

BHS will be highlighting different MHSA programs on a regular basis, with more evaluation briefs as we report on the diverse and powerful work of our many MHSA-funded programs.

With any questions or comments, contact Diane Prentiss (QM) at diane.prentiss@sfdph.org, or 415-255-3696.

(Attachment 1)

(Attachment 2)

MHSA Peer Internship Fall Cohort 2017-2018

RAMS Division of Peer-Based Services is very excited to announce the Peer Internship Fall cohort 2017-2018. The Peer Internship Program is designed for individuals with lived experience who are consumers of behavioral health services, former consumers, family members of a consumer, and/or peer providers working for a community agency providing behavioral health services.

The Internship Program offers collaborative learning in a peer-supported environment, in which Peer Interns work with other Peer Practitioners throughout the 9-month program. Peer Interns will attend formal trainings each month provided by RAMS for additional professional development. The Internship Program also provides weekly group supervision by a Peer Supervisor, as well as ongoing individual supervision from a site supervisor.

The Peer Internship Program is a 9-month, 20 hour/week, paid position (\$14.00/hour).

Attached are the Fall Cohort 2017-2018 Peer Internship Brochure and Application forms. Please feel free to share with your networks. For questions, call 415-579-3021 (ask for John McCreary at Ext. 108) or by emailing to peerinternship@ramsinc.org.

APPLICATION DUE DATE: July 14, 2017 by 5:00pm

Internship Start Date: September 5, 2017

(Attachment 3)

(Attachment 4)

2. BEHAVIORAL HEALTH SERVICES PHARMACY SERVICES

The problems associated with opioid abuse persist as a significant public health crisis nationwide. However, greater accessibility of the opioid antagonist naloxone (brand name Narcan) has helped to reduce overall mortality by reversing the respiratory depression that can result from opioid overdose.

It has recently been reported in San Francisco that some individuals who had purchased and smoked what they thought was crack cocaine experienced symptoms resembling that of an opioid overdose. One such incident resulted in a fatal outcome. Except for this sole fatality, the others responded to naloxone administration and survived. This suggests that the supply of drugs available on the street, including stimulants such as methamphetamine and cocaine, may be also be contaminated with opioids.

Because of this unpredictability regarding the exact nature of the street drug supply, it is extremely important for naloxone to be more widely distributed for overdose response. Naloxone is currently available at several sites in San Francisco, that also provide training for its use, including the BHS Pharmacy located at 1380 Howard St, San Francisco (Phone: 415-255-3659).

3. ADULT/OLDER ADULT SYSTEMS OF CARE

SFDPH Behavioral Health Services Provides Emotional Support after the Shooting at UPS

Over 40 BHS counselors from Comprehensive Crisis Services and from a dozen other BHS mental health programs provided disaster mental health services to UPS employees and their families in the wake of the June 14, 2017 fatal shooting at the Potrero Hill UPS facility. Within a couple of hours of the shooting, BHS disaster mental health workers arrived at the assistance center that was set up a couple of blocks from the incident to support family members waiting for word about their UPS-employee loved ones they hadn't yet heard from. Psychological support was also made available to the UPS employees at the facility, once the situation was under police control, and after they were finished being interviewed by the police as witnesses. Comprehensive Crisis Services staff were also at the Zuckerberg San Francisco General Hospital and Trauma Center, where the injured were brought (including, unfortunately, those who later passed away) to begin assisting the families and loved ones of the casualties.

In the next couple of days, and into the following week, BHS coordinated at the facility site with UPS Occupational Health and Human Resources divisions to provide disaster mental health assistance to the 400 employees who worked there. Several rooms in the building were set aside as debriefing rooms, and, in addition, disaster mental health counselors joined staff congregate gatherings at all of the floors of the building in between shifts. BHS disaster mental health workers provided support at the facility from as early as 6 am and into the evening, with language capacity in Spanish, Cantonese, Mandarin, Russian and Tagalog. Other counselors from UPS' Employee Assistance Program (contracted to Beacon Health Options), the American Red Cross, and the Teamsters union, also came to help. Employees who would need/want ongoing counseling are being referred to Beacon Health Options, to avail of their UPS employee assistance benefits.

BHS disaster mental health workers are to be commended for their readiness and willingness to respond (including outside and in excess of their normal work hours), and for their compassion, in serving our community members affected by this tragic shooting. BHS is at the forefront of a caring City of San Francisco, and a responsive Department of Public Health, providing ongoing support to families and loved ones of all victims of homicide, and those who experience trauma from violence.

4. CHILDREN, YOUTH AND FAMILIES (CYF) SYSTEMS OF CARE UPDATES

Mission Family Center proudly reported that two current clients graduated from high school and will be attending City College of San Francisco in the fall, and a past client called to share with staff his acceptance to the University of California, Berkeley. Southeast Child/Family Therapy Center reported that they will be mentoring two SF YouthWorks interns this summer at the Silver Avenue site. One of the interns that the Center hosted last school year is returning for the summer to further her training. The Center is also preparing to run a Seeking Group this summer in July & August for parents and caregivers who have a history of trauma and/or substance abuse (they're accepting referrals in June). In May, Chinatown Child Development Center staff accompanied consumers to attend the 69th Cameron Carnival 2017, at Cameron House. The participants, which included children and young adults with physical disabilities and special needs enjoyed playing and winning prizes at the various fun and challenging carnival booths, in addition to exploring the historic building.

5. ASSISTED OUTPATIENT TREATMENT (AOT)

Assisted Outpatient Treatment (AOT) works with individuals with serious mental illness who are at heightened risk of hospitalization and incarceration. A core component of the program is to also support and provide education to families and loved ones of the individuals we are working with.

One mother who lives out of state, referred her son a number of times over the last year and a half. She recently sent a note to the AOT Care Team that we would like to share:

"Just a quick note to say thank you for giving *my son* that one last chance to show up and for all those other "no show" appointments. He is now home where he belongs. He is glad he is home. He is doing really well getting those shots and seeing his doctor and case manager....Thank you [for] the conversational telephone support that [has been] given to me throughout the last year. Hope that you can continue to help others like *my son* and never give up the fight. I know *my son* feels the same appreciation."

While working with AOT the client was stabilized and subsequently supported by our system to return home where he has continued to thrive. A big shout out to UCSF Citywide for providing excellent clinical care, AOT Care Team for engaging the client and providing ongoing family support, and Transitions for ensuring his safe arrival back home!

As always, if you would like more information about AOT, please visit SFDPH webpage at: www.sfdph.org/aot. If you would like to make a referral to AOT, please contact us at 415-255-3936.

6. A NEW GRANT FOR SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

On Thursday, June 8th, at a meeting of the Board of State and Community Corrections, funding recommendations for the Prop 47 grant funds were presented to the Board from the Executive Steering Committee. The Board voted to approve these recommendations and the BSCC provided a press release including the list of projects that will be funded, for innovative rehabilitative programs.

San Francisco's Project: Promoting Recovery and Services for the Prevention of Recidivism (PRSPR)

The San Francisco Department of Public Health proposes to interrupt the cycle of substance abuse, unaddressed mental health issues, homelessness, and incarceration by increasing the availability of residential substance use disorder (SUD) treatment for criminal justice system-involved adults who may also have co-occurring mental health (MH) issues. In addition, the project layers peer outreach and developmentally-appropriate programming specific to transitional age youth on top of the residential treatment. Over the three year grant period, the project will serve 192 potentially duplicated participants. All participants, under the guidance of case managers or Peer Navigators, will have access to the city's system of care including behavioral health services (SUD and MH treatment), physical health services, employment, and the newly formed Department of Homelessness and Supportive Housing, which coordinates all of the city's housing resources (bridge housing, support hotels, sober living environments, coops) through one agency.



Photo Credit: Stephen Dempsey

San Francisco City Hall in the Each Mind Matters campaign signature lime green color on May 24, 2017.

Past issues of the CBHS Monthly Director's Report are available at:

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>