



Behavioral Health Services - *Communications*

Transitional Age Youth (TAY) Clinicians Academy



The BHS TAY System of Care (TAY SOC) is working with Felton Institute to pilot the TAY Clinicians Academy, a two-part training program providing advanced skill development for behavioral health providers working with TAY. The goals of the TAY Clinicians Academy are to support professional development for behavioral health providers working with TAY and to ensure that TAY receive high-quality and developmentally responsive behavioral health services across our system. The first part of the training program focuses on foundational elements of clinical work with TAY, including applied TAY development, trauma-informed interventions, working with families and communities of TAY, and intersections

of substance use and mental health. The second part of the training program will give providers a deeper dive into specialized evidence-based clinical practices for working with TAY.

The current TAY Clinicians Academy cohort is made up of staff from community-based organizations funded by the TAY SOC, staff from DPH's Community Health Programs for Youth (CHPY), and six TAY Point People from Adult/Older Adult (A/OA) and Children, Youth and Families (CYF) civil service programs. The TAY System of Care and Felton Institute will be working together to examine results of this pilot program and plan for ongoing implementation. *For more information contact Heather Weisbrod at heather.weisbrod@sfdph.org.*

Staff Update – Forensic and Justice Involved Behavioral Health Services



Robin Candler, who has been the Program Manager for the Law Enforcement Assisted Diversion (LEAD) program, has recently been promoted to the Deputy Director of Forensic and Justice Involved Behavioral Health Services and will be working towards transitioning out of her program management responsibilities. Before coming to the Department of Public Health she spent almost 18 years working with forensic-based programs in and around the San Francisco County Jail. She has managed separate programs specifically aiming to support individuals living on the streets, individuals living with HIV, those participating in the Veterans Justice Court, and those on parole supervision. She is excited to step into her new role!

Spotlight on the Kuumba Healing Project at Southeast Child/Family Therapy Center

SECFTC has been working hard to meet the needs of the African American community in a culturally relevant way and in order to do so, we have created the Kuumba Healing Project, an African-Centered strength and culturally-based community clinical collaborative model of Behavioral Health. In the African American tradition of Kuumba (the 6th Principle of Kwanzaa) which reminds us to “always do as much as we can, with the intention of leaving our collective community more beautiful and beneficial than when we inherited it”, our team works in schools and within the community. Kuumba seeks to integrate the Ancestral Wisdom of the African Diaspora with Community Endorsed and Practice-Based clinical expertise, as well as culturally resonant practices that inform and empower SF youth and families of African descent towards health. KHP works in partnership; using the best of both worlds to reweave the social fabric of community and advocate for the well-being of our youth and families.



L to R: Ronnishia Johnson (3rd Street Youth Clinic), Dr Howard Stevenson, Ines Betancourt (Director of SECFTC), Omolade Rosalyn Roddy (Supervisor of Kuumba Healing Project), Sekayi Edwards (SE/Kuumba clinician)

SECFTC has been awarded a SAMSHA/NNED (National Network to Eliminate Disparities) grant to train our Kuumba clinicians in implementing the PLAAY (Preventing Long-Term Anger and Aggression in Youth) model developed by Dr. Howard C. Stevenson. In March of this year, our Kuumba Team traveled to New Mexico where we joined 120 other NNED recipients from all over the country. PLAAY is a model which teaches coping skills to African American boys through racial socialization, cultural pride and in-the-moment interventions during athletics. Look out for more updates from the Kuumba Project!

30-Day Review Period – MHSA Annual Update Fiscal Year 19/20

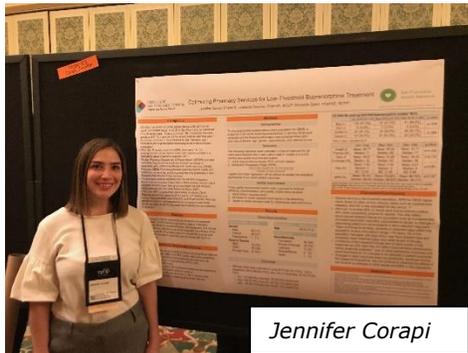


The Behavioral Health Services (BHS) unit of the Department of Public Health is inviting all stakeholders to review and comment on the *San Francisco Mental Health Services Act (MHSA) FY 2019-2020 Annual Update DRAFT* for a period of 30 days from *April 1, 2019 to May 1, 2019*. This 30-day stakeholder review and comment period is in fulfillment of the provisions of the Welfare and Institutions (W&I) Code Section 5848.

Please email your comments to MHSA@sfdph.org or send by mail to: San Francisco Mental Health Services Act (MHSA) Program:
1380 Howard Street, Room 210, San Francisco, CA 94103

Click [HERE](#) to view the *San Francisco MHSA FY 2018-2019 Annual Update DRAFT*; or visit www.sfdph.org/mhsa.

BHS Psychiatric Pharmacy Resident Presents at the College of Psychiatric and Neurologic Pharmacists Annual Meeting



Jennifer Corapi

Each year the Department of Public Health (DPH) and Zuckerberg San Francisco General Hospital (ZSFG) have one Post Graduate Year (PGY)-2 psychiatric pharmacy resident. This is a year-long program with a focus on psychiatric pharmacotherapy and mental health that prepares pharmacists to care for patients with psychiatric disorders. In addition to rotations in psychiatry, substance use disorders, and academia experiences, the resident conducts a year-long research project that benefits Behavioral Health Services (BHS).

This year's project focused on Community Behavioral Health Services (CBHS) Pharmacy and their buprenorphine services. Having seen a 67% increase in buprenorphine clients and an 85% increase in buprenorphine fills, it was apparent that the pharmacy needed to undertake quality improvement (QI) efforts to improve efficiency, standardization, and quality of services. Three QI events were held to standardize pharmacy work-space, create standard work for pharmacy staff, and create an ideal future state to better serve our clients. This project also looked at client retention outcomes. The goal was that with better pharmacy work-flow, CBHS would be better equipped to serve this growing and complex population and ultimately better engage clients in opioid use disorder treatment.

The College of Psychiatric and Neurologic Pharmacists (CPNP) holds an annual meeting for psychiatric pharmacists. This meeting allows for educational programming, networking, discussion of current issues, as well as poster presentations from students, residents, and professionals. At their 2019 meeting in Salt Lake City, Utah the current resident, Jennifer Corapi, presented her year-long research project on CBHS pharmacy, their low-threshold buprenorphine services, and client outcomes.

Upcoming Suicide Prevention Conference



Please join the Santa Clara County Suicide Prevention Program and community partners for the first-ever Suicide Prevention Conference. The conference will be held during May's Mental Health Awareness Month.

Join Us

2019 Suicide Prevention Conference
Friday May 31, 2019
8:30 AM-1:00 PM
Santa Clara County Office of Education
1290 Ridder Park Drive, San Jose, CA

Free Event. Register [HERE](#)

BHS Providers Convene to Discuss Service Needs for Clients Experiencing Homelessness

On Friday, April 5th, 22 Behavioral Health Services (BHS) civil service providers met to discuss and prioritize the service needs of clients experiencing homelessness. Attendees represented BHS intensive case management, substance use disorder, crisis response, pharmacy, and school-based mental health services. The gathering was convened and facilitated by Dr. Irene Sung, Interim BHS Director.



Improving effective coordination among agencies serving people experiencing homelessness was the top priority identified. Suggestions included collaboration for eviction prevention, data sharing across County systems, making payee services as low-barrier as possible for BHS clients and providers, increased cross-agency communication to avoid the loss of benefits which support stabilization, and sharing updated resources with stakeholders serving BHS clients.

The second priority identified reflected a commitment to meeting BHS clients where they are; which is often in the community. Providers expressed a need for tools and resources to make the provision of BHS services in community settings more feasible

Community Program Planning around this effort is ongoing and BHS leadership is looking forward to engage other stakeholders, including our contracting partners.

Job Opening – Senior Behavioral Health Clinician

The Department of Public Health is currently recruiting for the 2932 position of Senior Behavioral Health Clinician. This is a licensed, supervisory position that oversees the clinical/administrative work of their supervisees, through the process of clinical supervision in numerous settings throughout Behavioral Health Services (BHS) and other departments within Ambulatory Care.



This is a wonderful opportunity for any licensed behavioral health practitioner (LMFT, LCSW, LPCC) to advance their career and significantly contribute to our workforce development and the health outcomes of the communities we serve.

Position: 2932 Senior Behavioral Health Clinician
Date Opened 3/29/2019 08:00:00 AM
Filing Deadline Continuous
Salary \$7,501.00 - \$9,117.00/month; \$90,012.00 - \$109,408.00/year

Click here for further details:

<https://www.jobapscloud.com/SF/sup/bulpreview.asp?R1=CBT&R2=2932&R3=060632>

BHS Workforce Development Program – 2nd Networking Session

On April 3, 2019 the Behavioral Health Services, Mental Health Services Act (MHSA) program convened its second networking session with behavioral health workforce development programs, with representatives from SF DPH, Richmond Area Multi-Services (RAMS), Faces for the Future Coalition, UCSF Community Mental Health Academy, Greater Bay Area Mental Health Workforce



Networking Participants

Collaborative, and City of College of San Francisco: Community Mental Health Worker Program, Drug & Alcohol Studies, and Health Care Interpreter Certificate Programs.

The session was dedicated to relationship building, learning about program achievements and challenges (e.g. students' food insecurity, high cost of public transportation to school, former incarceration, institutional barriers to internship and employment programs), and exploring ways of how programs can support their students to graduate and join the behavioral health field equipped and prepared to serve their communities.

For more information about this networking session or BHS-funded Workforce Development programs, contact SFDPH Behavioral Health Services: MHSA Program Manager Kim Ganade at Kimberly.Ganade@sfdph.org.

California LGBTQ Project - #Out4MentalHealth



The [#Out4MentalHealth Project](#) is a three-year collaborative effort of the California LGBT Health & Human Services Network and NorCal Mental Health America, with funding from the Mental Health

Services and Oversight and Accountability Commission (MHSOAC), to do LGBTQ community-based research, training, outreach, and advocacy.

San Francisco Behavioral Health Services is working with the #Out4MentalHealth Project to ensure that LGBTQ people in the Bay Area are provided with opportunities for self-advocacy, personal growth, and connections to LGBTQ culturally affirming resources.

The #Out4MentalHealth Project team is traveling across California to hear from LGBTQ people about their needs and experiences with the public mental health system. They aim to prioritize those voices least heard and those most affected by intersecting systems of oppression like racism, heterosexism, transphobia, classism, and ableism.

If you wish to participate in the Out4MentalHealth Community Survey, just click [HERE](#).

If you want to learn more about the #Out4MentalHealth Project, visit the [CA LGBT HHS Network's](#) website or contact them at info@out4mentalhealth.org.

San Francisco Law Enforcement Assisted Diversion (LEAD) Program



The San Francisco LEAD Program which launched in October 2017 is nearing the last 6 months of grant funding through the Board of State and Community Corrections. This program is a collaboration across city departments, law enforcement agencies, and community based organizations. The program has connected almost 200 individuals at risk of recidivism, at the earliest contact with law enforcement, to harm reduction-based case management services through the Glide Foundation and Felton Institute.

This program is focusing on the Mission and Tenderloin Districts with a goal of improving the health and housing status of participants, reducing the

collaboration among partners. Because of LEAD's harm reduction approach, and the persistent and patient nature of the case management teams, the program has been able to engage individuals and celebrate small and large successes with clients. Some of these successes include getting an ID for the first time in years, paying rent after experiencing homelessness for ten years, and starting on suboxone and psychiatric medications.

Recently, the program celebrated clients entering housing, residential programs, and re-connecting with families. As we know, the road to recovery is not linear and these encouraging steps don't happen overnight, but we celebrate the work and are encouraged by the steady stream of successes coming out of this new program. *For more information contact: Robin Candler at Robin.Candler@sfdph.org.*

San Francisco High Schools Receive EMM Mini-Grant Recipients



In March, Each Mind Matters (EMM) announced the recipients for their School Mini-Grants which offer an opportunity for students to host a mental health awareness event during Mental Health Awareness Month in May. This year grants were awarded to 50 applicants and we are delighted to announce that in San Francisco, Abraham Lincoln High

School and Downtown High School were both awarded grants. Grantees received a Mental Health Awareness Event-in-a-Box toolkit of materials, a \$250 check to be used for additional supplies, and supplementary EMM resources to assist with implementing outreach and awareness activities. Congratulations to the students on being recognized and selected for this wonderful opportunity!

EMM is a California's Mental Health Movement which consists of thousands of organizations and millions of individuals that work to advance mental health and to reduce stigma and discrimination around mental health. EMM is implemented by the California Mental Health Services Authority (CaMHSA) and is funded through the Mental Health Services Act (MHSA). *For more information, contact MHSA@sfdph.org.*

Legislative Amendments Related to Involuntary Detentions



Behavioral Health Services is responsible for training and certifying eligible staff across the county to be authorized to apply for involuntary detention (5150/5585) of individuals who are a danger to self, danger to others, or gravely disabled due to a mental health disorder. We want to make staff and the community aware of a number of recent amendments to the Lanterman-Petris-Short (LPS) Act, which establishes protocols for involuntary detention of people with mental health disorders.

The following two amendments became effective January 1, 2019:

Assembly Bill 2099 – amends Section 5150 of the Welfare and Institutions Code. This bill clarifies the fact that a completed and signed copy of the 5150/5585 application must be honored as an original.

https://leginfo.ca.gov/faces/billCompareClient.xhtml?bill_id=201720180AB2099

Assembly Bill 2983 - establishes that a general acute care hospital or an acute psychiatric hospital cannot insist that a patient voluntarily seeking mental health care be first placed on a 5150/5585 involuntary hold as a condition of admission.

https://leginfo.ca.gov/faces/billCompareClient.xhtml?bill_id=201720180AB2983

The amendment listed below, AB 1968, is the most controversial. It goes into effect January 1, 2020:

Assembly Bill 1968 - Amends, repeals, and adds Section 8103 of the Welfare and Institutions Code, relating to firearms. This bill established a lifetime ban on gun ownership for those persons who are involuntarily admitted on a 72-hour hold more than once during a 12-month period, and are considered a danger to self or others.

https://leginfo.ca.gov/faces/billCompareClient.xhtml?bill_id=201720180AB1968

New MHSA Innovation Program

The Intensive Case Management to Outpatient (ICM-OP) Transition Program is a five year project funded through the Innovation component of the Mental Health Services Act (MHSA). The project involves an autonomous peer linkage team providing both wraparound services and a warm hand off for clients stepping down from Intensive Case Management Programs to Outpatient services. The program will consist of five culturally and linguistically diverse peers and one clinician. Peers will serve as step-down specialists and help connect clients with resources and information, provide follow-up, and communicate with providers.



In late 2018, a Request for Proposal was released for this program and through a competitive process, RAMS was selected to be the provider of this program. The new project was launched January 1st, 2019. Recently, a job announcement was published to begin the process of hiring peer staff. RAMS has been meeting with BHS staff as well as staff from the associated ICM and OP programs to develop protocols for the successful transition and linkage of clients. *For more information contact Tracey Helton at Tracey.helton@sfdph.org.*

BHS Project on Sedative-Hypnotic De-prescribing for Older-Adult



Older-adult clients are deemed to be at high-risk for adverse outcomes such as falls and resulting fractures, motor vehicle accidents, impaired cognition, and dementia, arising from the use of benzodiazepines.

The goal of the BHS Medication Use Improvement Committee's (MUIC's) project on sedative-hypnotic de-prescribing for older-adult clients is to reduce the percent of older-adult clients with ongoing benzodiazepine prescriptions from 8.4% (April 2017 benchmark) down to 7.2% by June 2019.

BHS medical staff at mental health clinics with large percentages of older-adult clients (Central City Older Adults, Southeast Mission Geriatric, and Chinatown North Beach) are working on de-prescribing sedative-hypnotics in order to meet the project goal through the following approaches:

- Train psychosocial staff to support clients experiencing medication tapering, including client based skills to address resulting anxiety and insomnia.
- Provide clients with CBT psychotherapy, which has been shown effective in facilitating benzodiazepine tapers, especially for addressing insomnia.
- Administer a "Clinic Welcome Letter" to inform incoming clients of the recommended BHS clinical practice to avoid the long term prescribing of sedative/hypnotics.
- Draft sedative-hypnotic prescribing agreements.
- Pilot a clinical team collaboration to further explore and integrate best practices for de-prescribing sedative-hypnotics to older-adult clients.

For more information please contact:

Alex Jackson, Deputy Director, BHS Adult/Older Adult System of Care alexander.e.jackson@sfdph.org
Jeanette Cavano, PharmD, BCGP, BHS Pharmacy jeanette.cavano@sfdph.org

ACCESS to City Employment (ACE) Program



The City and County of San Francisco welcomes and values diversity in all forms. We are committed to increasing our employment of qualified applicants with disabilities. Access to City Employment (ACE) Program is a program that supports applicants with disabilities throughout the hiring process. Applicants can enter the City workforce without going through the competitive civil service merit process. Applicants hired through this program are designated permanent status upon three successful evaluations within a one year probationary period.

For more information contact Porsche Bunton at Porsche.Bunton@sfgov.org.

DPH Human Resources – Training Series

HR Brown Bag Lunch Series for Managers and Staff:

In 2019, DPH HR is hosting over 60 Brown Bags trainings at multiple locations, covering nearly a dozen popular HR topics. These hour-long interactive events will be led by HR experts who will provide you with helpful tips and tools, and answer your HR questions. Topics include progressive discipline, leaves, reasonable accommodations, the hiring process, timekeeping, and more. Bring your lunch to any session that interests you, no matter where you work. Register online at: dphHR.eventbrite.com

HR Learning & Development Series for Managers:

DPH Human Resources is committed to providing the tools and information needed to manage HR issues effectively. To help achieve this goal, in 2019 HR will begin offering regular trainings and workshops designed to help managers and supervisors build their knowledge, skills, and abilities around important HR topics. Each event in the HR Learning & Development Series focuses on one of 6 specific themes and topics: (i) Hiring & Onboarding; (ii) Ethical Standards & Employee Conduct; (iii) Employee Leaves & Accommodations; (iv) Performance Management & Accountability; (v) Career Advancement & Development; (vi) Diversity & Inclusion. -- RSVP: dphHR.eventbrite.com

Event Addressing Black Maternal Health



What San Francisco can do to close Black/White Maternal Health Gap?

A panel discussion exploring San Francisco's Black Maternal Health crisis and what we can do as a city to address it.

Monday, April 15th, 2019 at 5pm

African American Art & Culture Complex
762 Fulton St Ste 300
San Francisco, CA 94102

Register at: bit.ly/BMHW2019