

HEADS UP!



DO YOU TAKE ANY OF THESE MEDICATIONS

Ativan (Lorazepam)
Ambien (Zolpidem)
Klonopin (Clonazepam)

Restoril (Temazepam)
Valium (Diazepam)
Xanax (Alprazolam)

YOU MAY BE AT RISK FOR SERIOUS HEALTH SIDE EFFECTS INCLUDING **FALLS** AND **MEMORY LOSS**

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Ask your medical provider or pharmacist today
about safer alternatives!