



Mayor Edwin M. Lee



Monthly Director's Report **APRIL 2016**

1. 2nd ANNUAL BEHAVIORAL HEALTH SERVICES (BHS) OPEN MIC

BHS is sponsoring their second annual Open Mic event as a lead into Each Mind MATTERS. May is Mental Health Month on Monday, April 25th, 2016 from 1-3 pm. The event will be held at the SF Main Library Latino/Hispanic room located in the lower level. The celebration is open to consumers, family members and friends to come show your support and/or share talent with poetry, story of recovery, song, dance, art or any self-expression medium in a safe and supportive environment. Look for us out in the lobby of 1380 Howard St in May, in the clinics and on the Sunday Street events and more!

For more information or to RSVP, please contact: jeanne.kwong@sfdph.org or (415)255-3427

(Attachment 1)

2. CHILDREN, YOUTH AND FAMILIES (CYF)

Chinatown Child Development Center (CCDC)

The Infant Development Program organized the annual Easter Egg Hunt at Huntington Park on March 22, 2016 for approximately 40 participants. With CCDC staff, Sam Eath, LCSW, Grace Fung, LMFT, Diana L. Wong, PsyD, LCSW, Becky Yu, HWII/MHRS and with the continued support from the San Francisco Police Department, a successful Easter Egg hunt for 15 toddlers was presented as this month's outing/activity. The Infant Development Program is one of the clinical components of CCDC as a response to the need for serving infants and toddlers with development delays or disabilities.

Asian and Pacific Islander Health Parity Coalition - The Chinatown Child Development Center continues to collaborate with the API Health Parity Coalition to envision and create healthy Asian and Pacific Islander communities in San Francisco. In addition to being a member of the API Health Parity Coalition, CCDC is also part of the steering committee, meeting once a month onsite to further implement and advocate for our many diverse communities.

Asians Against Violence - The Chinatown Child Development Center continues to participate in the Asians Against Violence monthly meetings. CCDC, in collaboration with API Legal Outreach, Asian Women's Shelter, Cameron House, Chinese Hospital and Richmond Area Multi-Services, Inc. (RAMS) continues to work together to prevent family/domestic violence and abuse in San Francisco's Asian community through culturally competent and linguistically appropriate community education and awareness forums.

Mission Family Center

Mission Family Center (MFC) staff and clients participated in the quarterly Community Advisory Board meetings this month. Our male colleagues organized an International Women's Day celebration which happened to coincide with Jo Robinson's visit to our clinic. First Impressions continues to work on our waiting room and we are already receiving wonderful feedback from clients and staff alike. MFC staff continue to participate in three Quality Improvement meetings each month toward work on improved communication and staff relations across our system. MFC participated in the CYF-SOC Spanish Speaking Providers Work Group with a focus on streamlining intake processes and increasing access to services for our Spanish speaking families. MFC staff also participated in the Latino Health Equity Work Group with a focus this month on the Sika Virus which is very relevant as our families often travel during the summer to and from countries where exposure to this virus is a risk, and precautionary measures are key. And finally, we continue to host the monthly Unaccompanied Minors Treatment Providers work group toward improving systems and access for these recently arrived children and their families.

Southeast Child & Family Therapy Center

Our staff has been very busy attending end of the school year IEPs for our clients, assuring that the linkage and collaboration between Special Education and mental health services for our clients is coordinated and strong. As well, we had 21 intakes scheduled in the month of March, averaging to at least a day.

We are preparing to begin running two groups in April: Adventure-based Psychotherapy, an eight session co-ed outdoor rock climbing group for 10-17 year olds and Seeking Safety for Parents with 12 sessions.

LEGACY

Our staff has been busy with multiple groups. In the month of March our staff offered Therapeutic Drumming, Girls Group and Fit with FIT along with the Consumer Advisory Board (CAB). We are also working on the Trauma Informed Systems Initiative. In addition, we are participating in many resource fairs. This past month we did outreach at the Summer Resource Fair at Pier 70 and at George Washington Carver School. Our monthly Family Support Night was very well attended where RAMS vocational program provided a presentation and held a focus group with our clients.

3. ASSISTED OUTPATIENT TREATMENT (AOT) UPDATE

Since its start in November 2015, Assisted Outpatient Treatment (AOT) has continued to work hard to support individuals referred to the program and engage families and loved ones that support them in their recovery. The San Francisco AOT Team is working with Harder and Company to develop a report that is required to deliver to the State Department of Mental Health on May 1, 2016. As part of this process, the evaluation team conducted interviews with family members and questionnaires with participants to better understand the impact of AOT.

While this report will highlight early successes, as well as areas of growth for the program, it's important to note that initial feedback from participants was overwhelmingly positive with 100% of those who responded

indicating that they feel hopeful about their future. Further, a family member was noted to say, “I’m really grateful for everything that AOT is doing because I couldn’t be there and do anything. It had gotten to the point where it was the [mental health] system of nothing... If it wasn’t for [AOT], I don’t know where he’d be...” Check back next month for additional information about the report!

We look forward to continuing to work with individuals referred to our program. Additional information about the program can be found at www.sfdph.org/aot or by calling 415-255-3936.

4. *CONGRATULATIONS JO - BEST WISHES ON YOUR NEW CHAPTER IN LIFE!*

Dear Jo -

In appreciation and recognition of over 30 years of your commitment to our community and the San Francisco Department of Public Health. From your early work with Jail Psychiatric Services to the leadership you have offered to Behavioral Health Services as a whole, you have embodied the elegance and commitment to mental health that we all strive to have. The way in which you have embraced and integrated the recovery and wellness principles into all aspects of our system of care has been an inspiration. Your accomplishments within DPH and the field of mental health as a whole will have an enduring effect on the well-being and care provided to the population we serve. Your expertise and leadership has been an invaluable asset to all that have been fortunate enough to work alongside you. While your presence will be missed, we wish you all the best as you embark on the next chapter of your life.

<https://goo.gl/photos/hXtLScGwJbyiu5UH8>

Tell us your clinic story and we will add it to the upcoming Director’s Reports

Past issues of the CBHS Monthly Director’s Report are available at:

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>

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