



Mayor Edwin M. Lee



Monthly Director's Report
MAY 2016



1. DIRECTING CHANGE STUDENT FILM CONTEST

It is with great pride that we congratulate the **San Francisco State University students** who took **first place** with their short film titled "The Language of Healing" (http://www.directingchange.org/films-by-county/#San_Francisco) in this year's Directing Change Program & Film contest. The *Directing Change Program & Film Contest* is part of Each Mind Matters - California's Mental Health Movement. The contest challenges young people to create 60-second films that build awareness and education around suicide prevention and mental health. The film making process exposes young people and their adult advisors to appropriate messaging, warning signs of someone in distress, appropriate responses to an individual in distress, where to seek help and how to support and advocate for those who are experiencing mental health challenges. And all participating schools and organizations were offered FREE prevention programs and educational resources.

The contest received 451 films from 126 schools and community based organizations representing 31 counties. And our winning SFSU students' film will be screened at an award ceremony in Sacramento on May 20, 2016.

For more information, visit <http://www.directingchange.org/>.

2. EACH MIND MATTERS

**Tuesday Facilitated Film Festival
Stories of Hope, Resilience & Recovery**

Guest Filmmakers:

**Alejandra Cristina Vaca + Amanda Karolina Deda,
students from SF State**

2016 Winners of Directing Change Film Competition

Directing Change is a statewide filmmaking Competition “to change the conversation about suicide and mental health”

Tuesday, May 31st

11:30 am – 1:00 pm

**Behavioral Health Services Conference Room #424
1380 Howard Street**

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA), Stigma Busters



For more information contact Victor Gresser at 415 255-3651
or victor.gresser@sfdph.org



Come join us!

3. ASSISTED OUTPATIENT TREATMENT (AOT)

Assisted Outpatient Treatment (AOT) was implemented November 2015. Since that time the AOT Care Team has been working diligently to outreach individuals referred to the program, as well as provide support to their family members and loved ones. In total, we have received 67 referrals and while many individuals do not meet the strict eligibility criteria outlined in the Welfare and Institutions Code, we have made contact with 33 individuals (20 of which have accepted services).

At this point, 4 court petitions have been filed to order individuals into outpatient treatment (2 individuals accepted treatment, 1 individual was court ordered into treatment, and 1 case is pending).

Our first annual report was submitted to the State Department of Mental Health and will be posted to our website shortly. We look forward to continuing to work with individuals referred to our program. Additional information about the program can be found at www.sfdph.org/aot or by calling 415-255-3936.

4. CHILDREN, YOUTH AND FAMILIES (CYF)

Chinatown Child Development Center

Senior Social Worker, Ellen Sawamura, Ph.D, LCSW, LMFT participated in the Kai Ming Head Start Community Outreach fair on April 12, 2016. Approximately 100 families with young children under the age of 5 received linguistically appropriate (Chinese, Vietnamese and Cambodian) information about the Chinatown Child Development Center's outpatient mental health services for the community. According to Dr. Sawamura, "our clinic's information was well received by many." This was CCDC's first invitation to participate in Kai Ming Head Start's community outreach events.

Asian & Pacific Island Health Parity Coalition, Steering Committee Monthly Meeting, April 28, 2016. With the Chinatown Child Development Center's continued involvement with the API Health Parity Coalition and Steering Community, discussion was focused on continuing to identify SFHIP goals under each domain areas; (healthy eating, physical and mental health and substance abuse). In addition, APIHPC was invited to participate in the API Council annual retreat on Monday, May 9, 2016 from 12-5P at the Chinatown YMCA. Also, further discussion included planning an upcoming meeting with Dr. Albert Yu regarding Asian American/Pacific Islander data needed to address demographic inequities on child maltreatment, hospitalization due to major mental health issues and ambulatory care.

Mission Family Center

During the month of April, José Luís Villarce from Mission Family Center (MFC) began co-facilitating a FUERTE group at SF International High School for 8 participants in collaboration with our colleague Eleana Coll from UCSF. In addition, José Hipólito and Josefina Juarez completed FUERTE training in preparation for providing groups here at MFC and in SFUSD sites next academic year.

Five MFC were able to tour the new ZSFGH with Arla Escontrias; our First Impressions waiting room remodel was completed; *and two of our clients were accepted to college, one of whom*

received a \$7,000 scholarship and an invitation to speak on human rights at a prominent university! Per a CYF report released in April, 61.9% of MFC clients demonstrated improvement in at least 50% of their clinically significant CANS scores between July and December 2015.

MFC continues to: host the IFT Reflecting Team on Wednesday evenings; participate in the Communication Collaborative with Mission Mental Health and BHS Leadership; host the monthly Unaccompanied Minors Treatment Providers work group; and help coordinate the CYF-SOC Spanish Speaking Providers Work Group. And last but not least, in effort to promote self-care within our Trauma Informed System, members of the MFC staff initiated a lunchtime “dance teach-in” in April!

Comprehensive Child Crisis Services

The Comprehensive Crisis Services is going through some major restructuring in order to maximize our capacity to provide crisis services and to fully integrate our crisis teams for the Adult Mobile Crisis, Child Crisis, and Crisis Response Services. To improve service delivery and maximize staffing resources, each staff member will be assigned “Roles and Duties”, with the consideration of cultural/linguistic abilities and relevant experience. With the new structure, majority of the staff will be “Crisis Responders”, who provide 5150 assessments and crisis interventions for both children and adults, to respond to community violence and critical incidents, and debriefing as needed. Others will be “Case Managers”, whose roles involve providing up to 30-day crisis case coordination to link clients to needed services. “Hospital Discharge Planner” will continue to provide discharging planning services to high risk children/adolescents that are San Francisco publically funded. Lastly, “Therapists” who offer individual and/or family brief therapy for up to 30 days to stabilize individuals and families who are having an acute behavioral health crisis, and to those who have experienced community violence for up to 24 months. The hope is that Comprehensive Crisis Services will eventually operate as a 24-hour crisis response unit within the capacity to address the crisis needs in the community. Currently, due to staffing shortage as multiple staff are on leaves of absence, the new model will start in May and we will review the efficiency 3 months after implementation. Many thanks to those clinics who offered to help support the crisis staff coverage during this time.

Tell us your clinic story and we will add it to the upcoming Director’s Reports

Past issues of the CBHS Monthly Director’s Report are available at:

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>

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