SFDPH-BHS Clinical Documentation Tools: DSM-5 Included Diagnoses (Asperger's Disorder; Pervasive Developmental Disorder NOS)

Purpose

This document was created to help CYF providers understand how to use "Asperger's Disorder" and "Pervasive Developmental Disorder NOS" as an included diagnosis for Specialty Mental Health Services (SMHS) in the Mental Health Medi-Cal system after 10/1/15.

Problem

- 1. CYF providers understand that Asperger's and PDD are included diagnoses¹ for our SMHS Mental Health Medi-Cal clients.
- 2. CYF providers also understand that the current DSM-5 does not include "Asperger's" and "Pervasive Developmental Disorder NOS"²
- 3. CYF providers do not know how to move forward.

Solution

The ICD system still offers "Asperger's Disorder" and "Pervasive Developmental Disorder NOS." The solution here is to use the ICD codes for your paperwork (e.g., PURQC forms), Avatar (e.g., diagnosis screen) and any other required documentation.

Here are the steps:

- 1. If you believe a client would meet the criteria for "Asperger's Disorder" or "Pervasive Developmental Disorder NOS," then use the <u>DSM-IV-TR³ to conduct a differential diagnosis</u>.
- 2. If the client meets the DSM-IV-TR criteria for either of these disorders, you will <u>use the DHCS Crosswalk to identify the correct ICD code and ICD label</u> for the diagnosis.
- 3. After using the DHCS Crosswalk to identify the ICD code and label, you will <u>enter that ICD code into the Avatar's diagnosis screen</u> as well as writing that code on applicable forms.

Conclusion

The change from DSM-IV-TR to DSM-5 has been confusing for many mental health professionals. Also, many mental health professionals are unfamiliar with the ICD system, which compounds the confusion. At the time of this writing (November, 2015), we understand that (a) "Asperger's Disorder" and "Pervasive Developmental Disorder NOS" are included diagnoses for SMHS Mental Health Medi-Cal; (b) the DSM-IV-TR criteria can be used to diagnose these disorders and (c) the DHCS crosswalk provides valid ICD-10 codes for these disorders.

¹ MHSUDS Informational Notice #15-030 (http://www.dhcs.ca.gov/formsandpubs/Pages/Information-Notices-2015.aspx) ² http://www.dsm5.org/

³ CMS has published an FAQ (https://questions.cms.gov/faq.php?id=5005&faqld=1817) that states "It is expected that clinicians may continue to base their diagnostic decisions on the DSM-IV/DSM-5 criteria. In addition, it is still perfectly permissible for providers and others to use the DSM-IV and DSM-5 descriptors and diagnostic criteria for other purposes, including medical records, quality assessment, medical review, consultation, and patient communications."