

## DISTRICT 1

### DEMOGRAPHIC INFORMATION

<b>Population (Estimates)</b>	
Total	69,550
Households	28,910
Average household size	2.3 persons
% family households	51%
% households with children	24%
% households with single person	37%
<b>Seniors</b>	
60+	15,738
65+	11,230
% living alone	37%
Children (0-17)	9,916 (6th highest)

<b>Income and Poverty (Estimates)</b>	
Median Income by Household	\$74,668 (5th highest)
Per Capita Income	\$41,444 (7th highest)
All residents below 200% of poverty level*	24.6%
Residents below 100% of poverty level**	10%
<b>Homeless</b>	
Total sheltered and unsheltered	364
Total unsheltered	321
Seniors (65+) below 200% of poverty level <sup>9</sup>	34.2%

<b>Employment</b>	
Employed residents	43,770
Unemployment rate	7%

<b>Housing (Estimates)</b>	
# of Housing Units	31,380
Units lacking complete kitchens***	355 (2nd lowest)

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\*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

\*\*In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

\*\*\*A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

**DISTRICT 1****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

<b>Food Resources</b>	
CalFresh	
All individuals receiving	1,958 (4% of all cases Citywide); 8th highest
Seniors (60+)	328
Children (0-17)	680
Women, Infants, and Children (WIC)	660 (8th highest)
All individuals receiving	

\*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

<b>Food Access</b>	
School Meals (daily)*	(Total enrollment: 5,313 in 7 schools)
# eligible for free or reduced priced meals	2,705 (50.9% of enrolled)
# eating school lunch	1,317 (25% of enrolled)
# eating school breakfast	255 (5% of enrolled)
Summer Lunch for Children	
# of sites (SFUSD/DCYF)	2/3
# of children/day (average SFUSD/DCYF)	72/250
# days open (average SFUSD/DCYF)	11/43 days
On-site Lunch (City funded)	
# of meals/day; 5 days/week	
For Seniors	276 (3rd highest)
For Young Disabled Adults (18-59)	11 (3rd highest)
Home-delivered Meals (City funded)	
# of meals/day; 6 days/week	
For Seniors	261 (6th highest)
For Young Disabled Adults (18-59)	6 (8th highest)
Food Pantries	
Weekly food pantries	2 pantries
Residents served	1,610 (2.3% of residents), ranked last
Free Dining Rooms	0

\*Note that children may not reside in the same District where they attend school.

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**DISTRICT 1****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Shelter Meals funded by HSA (approximately 2 meals/day; 7 days/week)	0
Retail	
Supermarkets (total number)	8
- Number that accept CalFresh EBT	6 (75%)
- Number that accept WIC	2 (25%)
Grocery Stores (total number)	5
- Number that accept CalFresh EBT	4 (75%)
- Number that accept WIC	0

**Key Challenges and Recommendations****FOOD RESOURCES****Challenges key to this District**

The median household income of District 1 residents is \$74,668, compared to the City's median of \$71,416. Nonetheless, the income and non-cash resources available for District 1 residents to use on food are low. About one quarter of District 1 residents live on income below 200% of the poverty level (over 17,000 residents living in over 7,000 households), and therefore are at risk of food insecurity.

Approximately 10% (6,955 people; 2,891 households) live on incomes below 100% of the poverty level. Although it is not possible to ascertain how many District 1 residents are eligible for the CalFresh program, at least 5,842 appear qualified based on income and age, not accounting for other disqualifiers.<sup>ii</sup> However, there are only 2,000 people receiving CalFresh benefits in the District. CalFresh EBT is accepted at 75% of the District's supermarkets and grocery stores.

About 660 people in the District receive Women, Children, and Infants (WIC) benefits, yet only 2 of the 7 supermarkets and none of the grocery stores in the District accept WIC benefits.

<sup>ii</sup> Not accounting for other disqualifiers such as receipt of SSI benefits by people under 65 years of age, minimally 6,995 residents are qualified based on incomes below 100% of the poverty level (this sum does not include those residents whose income is between 100% and 130% of the poverty level, also qualified by income for CalFresh). From this number are subtracted the 1,153 seniors, aged 65 or over (low-income seniors without Social Security to draw from, receive SSI, rendering them ineligible for CalFresh benefits).

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**FOOD RESOURCES****Recommendations key to this District**

- Increase enrollment in CalFresh.
- Support increase of SSI food supplement (“cashout”) at state level.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like “Healthy SF” for health access).

**FOOD ACCESS****Challenges key to this District**

While the nearly 25% of District 1 residents living below 200% of poverty and who are at risk for food insecurity might benefit from additional nutritious food on a regular basis, food pantries serve only 2.3% of the population.

One-half of the approximately 5,300 students attending schools in District 1 are eligible for free or reduced meals. Approximately 1,300 students are eating lunch while 255 are eating breakfast. This presents an opportunity for feeding an additional almost 4,000 students at lunch and over 5,000 at breakfast. Children’s food security suffers when school is out for the summer. In 2012, only 322 children ate at summer lunch programs in District 1. There are approximately 55 weekdays during summer break; however, summer lunches are available in this District on average between 11 days (SFUSD) and 43 days (DCYF) of the summer break.

The seniors at risk of food insecurity in District 1 (seniors living below 200% of poverty) require 11,510 meals a day, but only 1,665 are provided by City and nonprofit agencies, including CalFresh, leaving up to 9,545 daily to be funded for this most vulnerable population (the third highest in the city).<sup>9</sup>

Food services for individuals who are homeless are practically nonexistent in District 1. There are no shelter meals, nor free dining rooms. There are only national chain restaurants in the Richmond district that accept CalFresh EBT benefits, while there are 290 CalFresh recipients who qualify for the program.<sup>31</sup> This adds to the inaccessibility of healthy prepared meals for people who are homeless or otherwise unable to cook.

Congregate meal programs for Young Adults (18-59) with Disabilities serve 11 meals a day on average, 15% of the City’s total, and home-delivered meal programs provide 6 meals a day for this population (about 2% of the City’s total).

There are four community gardens in District 1.<sup>42</sup>

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## FOOD ACCESS

**Recommendations key to this District**

- Increase outreach to ensure 90% of supermarkets, grocery stores and other affordable food outlets accept EBT cards, and 90% of supermarkets accept WIC benefits.
- Increase number and variety of CalFresh Restaurant Meal Program vendors accepting EBT, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.
- Explore options to continue to increase participation in school meals breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.



## FOOD CONSUMPTION

**Challenges key to this District**

- Although only 355 (1%) housing units counted through the Census do not have complete kitchens, this figure may underrepresent additional secondary units.

**Recommendations key to this District**

- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include locations of grocery stores, healthy corner stores, and information on EBT and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.

**Needs of Vulnerable Subpopulations in this District**

- **Seniors and Disabled Adults:** 34.2% of seniors 65 and older have incomes below 200% of poverty and live with the threat of hunger. Additionally, 37% of seniors aged 60 and older live alone.
- **Children and Families:** 24% of the households in this District have children, higher than the Citywide 18%. With about 13% of all youth living in households below 100% of poverty, and many more living in households below 200% of poverty, additional food programs for children and families are needed, especially during the summer months when school is not in session.
- **People Who are Homeless:** 88% of the 364 people who are homeless in the District are unsheltered, meaning they have no access to shelter meals or cooking facilities. There is no free dining room in this District.