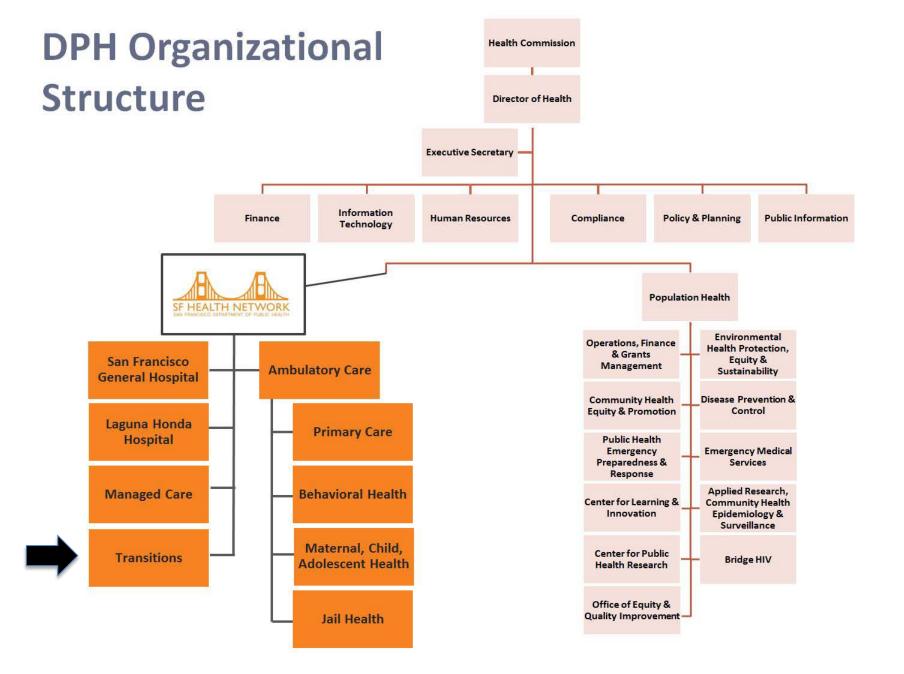
San Francisco Health Network TRANSITIONS DIVISION

Overview & Highlights

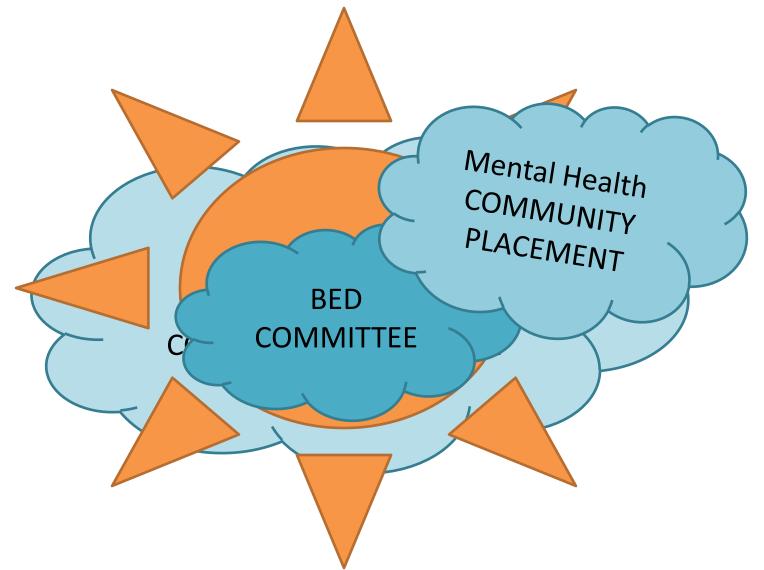


Presented by: Kelly Hiramoto, LCSW, Acting Director of Transitions

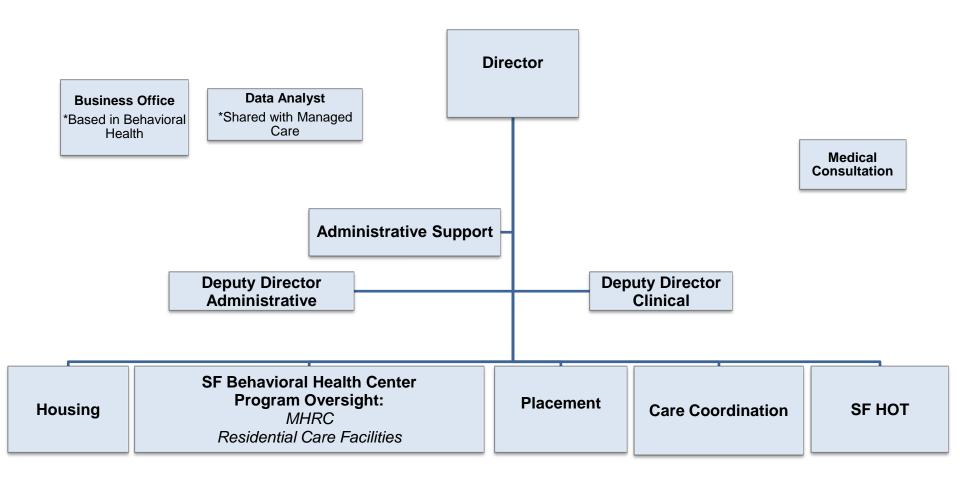
September 1, 2015



Community Placement grows into TRANSITIONS



Supporting Client Flow from Homelessness to Housing



Supporting Client Flow from Homelessness to Housing

What we do ...

The goal of the Transitions division is to ensure clients are stabilized in the *most appropriate*, least restrictive setting in the most cost effective manner

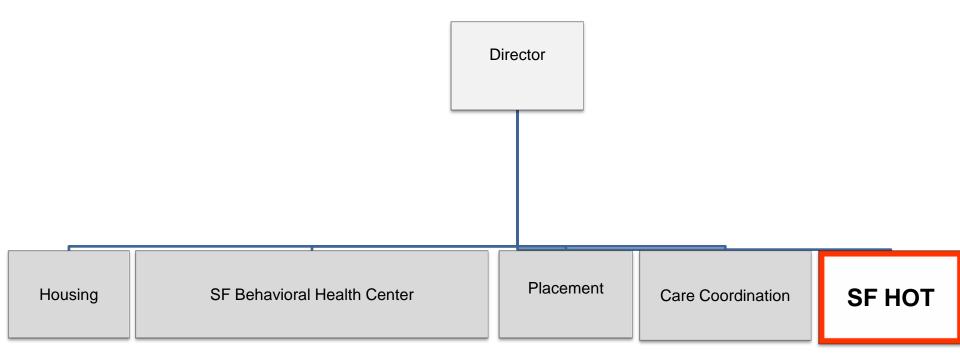
Who we serve...

- Primarily SF Residents
- Low/no income
- Treatment ready and willing
- Conserved clients
- Complex characteristics
 - Mental health
 - Substance use issues
 - Medically compromised
 - Cognitive impairments
- High inappropriate users of care systems
- Those in need of subsidized placement to leave the hospital or support for the wraparound care plan

Supporting Client Flow from Homelessness to Housing

- Streets
- Shelter
- Emergency Departments: Psychiatric & Medical
- Acute Psychiatric and Medical Units at SFGH and Community Hospitals
- Acute Diversion Units, Residential Treatment (Mental Health, Substance Use and Dual Diagnoses), Transitional Residential
- Jail
- Residential Care Facilities (Board & Care)
- Laguna Honda Hospital
- Locked settings: IMD-MHRC/Neurobehavioral SNF
- State Hospitals
- Community Settings

Supporting Client Flow from Homelessness to Housing



Interim Director: Brenda Meskan, LMFT

SF Homeless Outreach Team (SF HOT)

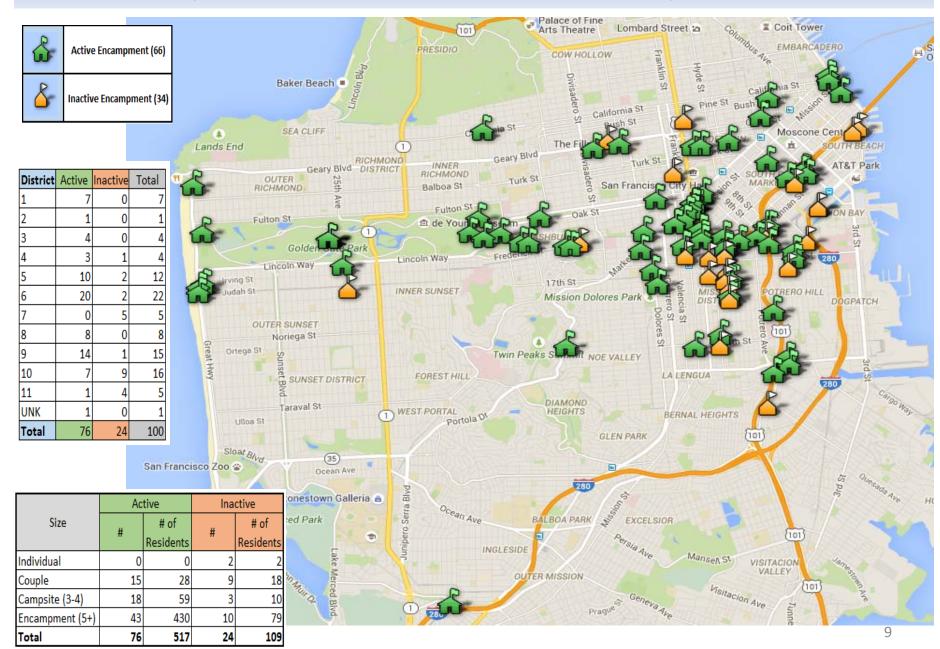
Background

- Founded in 2004
 - Reorganized, expanded 2014
- Work in small teams to outreach and provide care management to high risk / most vulnerable homeless individuals
 - Severe illnesses and at high risk of dying
 - High inappropriate system use
 - Ineffective system use
- Staffed by para-professionals, clinicians and peers

Services

- Street Outreach
- Medical Outreach
- Care Management
- SF Public Library
- Therapeutic Transport
- > HHOME Team
- > Shelter Health

City-wide Encampment Outreach, May 2015



SF Homeless Outreach Team: What's New?

Decreased availability of stabilization rooms

Market forces have taken rooms offline

Navigation Center partnership

- Mayor's HOPE Office partnered with Human Services Agency to create a time-limited Navigation Center in the Mission district
- SFHOT provides encampment/homeless individual information and assists with bringing homeless into the Center

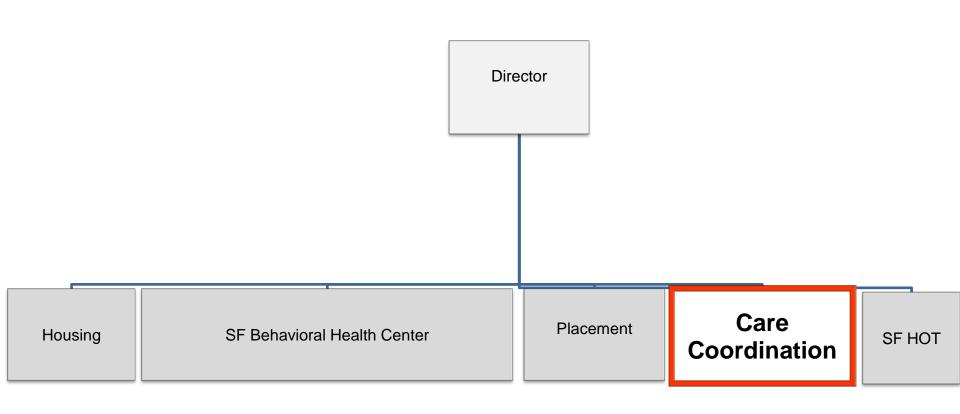
Business Improvement Districts partnership

Financial participation by the BIDs allows greater outreach impact

Standardized data collection

 Created a form with set data fields to capture the same basic data from all staff outreach efforts

Supporting Client Flow from Homelessness to Housing



Director: Luis Calderon

Care Coordination

Director: Luis Calderon

What we do...

Target High Users of Multiple Systems (HUMS)

Coordinate with PC Complex Care Management for High Users of Single Systems (HUSS)

Provide bridge medical services (Dr. Deb Borne)

- Direct care of patients who are not yet connected to primary care
- Consultation and education of care coordination team and with other providers engaging with these complex patients

Care Coordination and Care Management

Care Coordination

Service Coordination

Independent Navigation

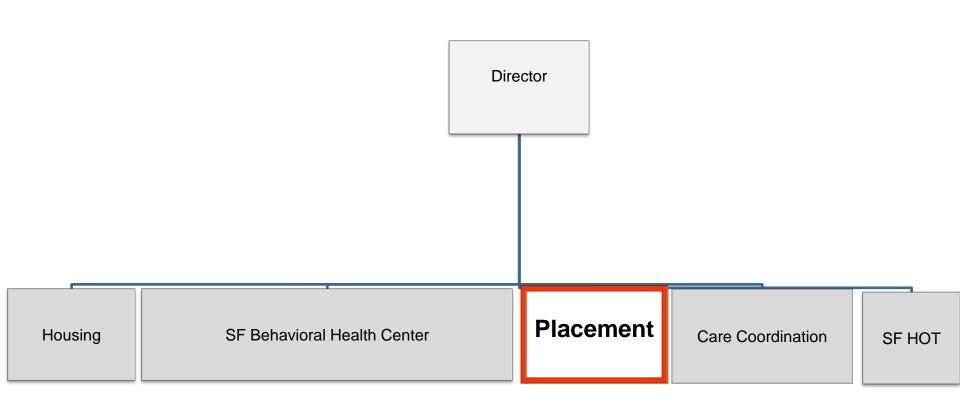
Care Coordination: What's New?

 Total Urgent/Emergent costs remained unchanged and total unique individuals served annually is relatively unchanged

HOWEVER:

- The high risk top 1% of individuals had accounted for 25% of costs
- Now account for 25% of costs
- The high risk top 5% of individuals had accounted for 55 % of costs
- Now account for 46% of costs
- Cost savings are being transferred to lower cost patients

Supporting Client Flow from Homelessness to Housing



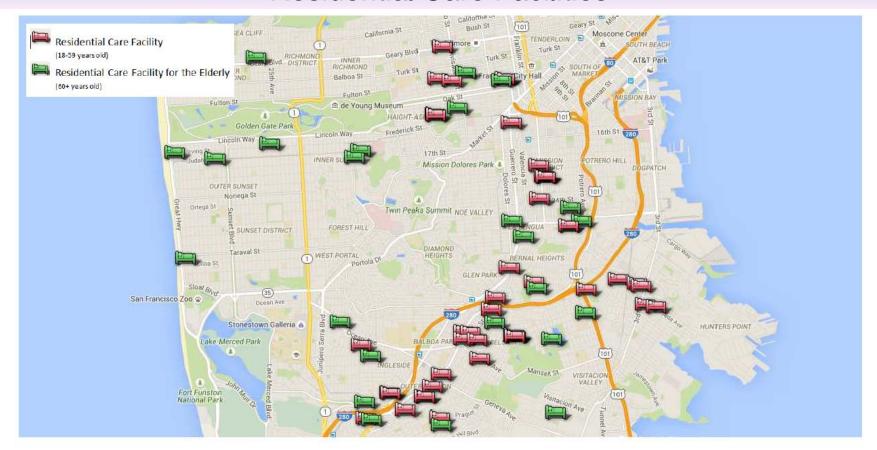
Director: Elayne Hada-Souza, RN

Community Placement

- Assist with discharges for complex patients at hospital
- Assessment, Authorization and Utilization Management for placement in the most appropriate, least restrictive level of care
- Monitor Residential Care Facilities
- Conduct Utilization Review for inpatient psychiatry Medi-Cal Treatment Authorization Requests
- Medi-Cal and Short Doyle Authorization for acute hospital payments throughout California

Community Placement

Residential Care Facilities



Number of Facilities	RCF	RCFE
San Francisco	40	29

Ambulatory	Non- Ambulatory
60	9

Co-occurring		
DD		
	5	

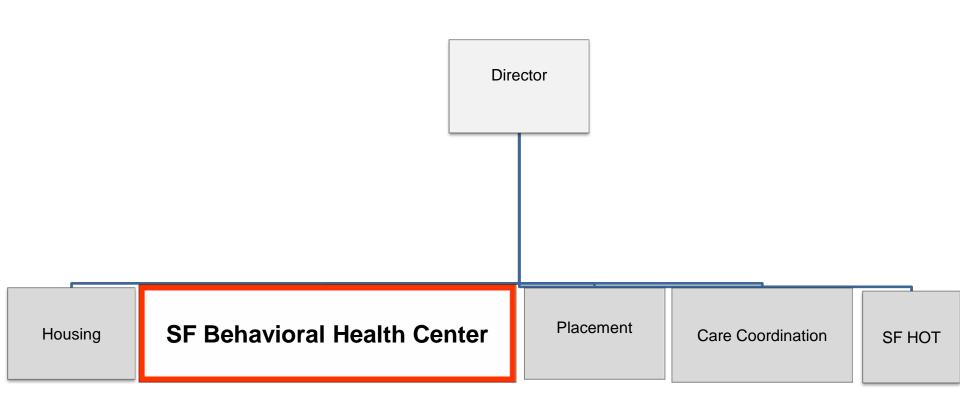
Language	
Chinese	Spanish
ţ	16

Community Placement: What's New?

- SF Residential Care Facilities are closing
- 3 homes have closed this fiscal year
- Younger generations are not interested in continuing in the business
- Decreased availability of stabilization rooms

- Medi-Cal Custodial Skilled Nursing Facility beds are harder to find
- The reduction in Medi-Cal payment for custodial SNF care has resulted in most skilled nursing facilities converting their beds to acute rehabilitation beds. This leaves dementia and other behaviorally challenged clients with even more limited placement options

Supporting Client Flow from Homelessness to Housing



Director: Linda Sims, RN

SF Behavioral Health Center

FIRST FLOOR

- Psychiatric Adult Residential Facility
- Psychiatric respite (Hummingbird Place)

SECOND FLOOR

- Psychiatric Residential Care Facility for the Elderly

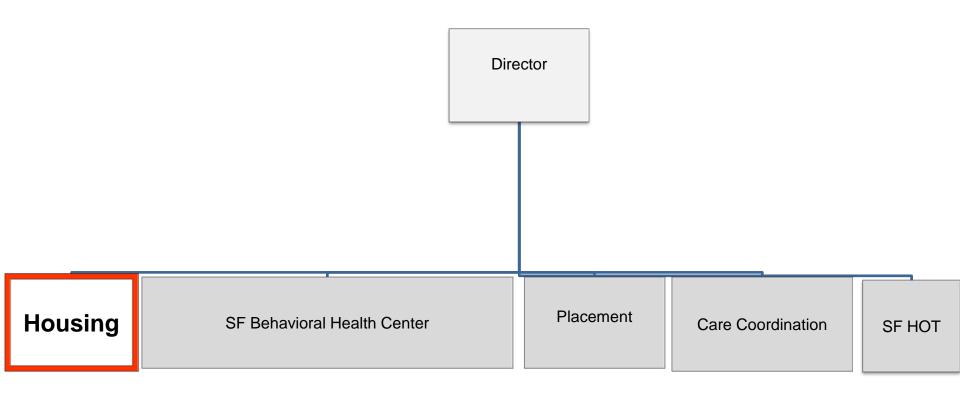
THIRD FLOOR

Mental Health Rehabilitation Center

SFBHC: What's New? Hummingbird Place



Supporting Client Flow from Homelessness to Housing



Interim Director: Margot Antonetty

Housing (Urban Health)

Direct Access to Housing, Permanent Supportive Housing

• 1,685 units at 36 sites

Alternative Housing Models and Support Services

- Rental Subsidy Program for People Living with HIV/AIDS (690 units)
- Transitional Housing (104 beds)
- Third Party Rent Payment & Residential Care Facility for the Chronically III Support Services

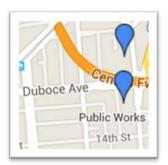
Laguna Honda Hospital Scattered Site Rental Subsidy Program

• 150+ units

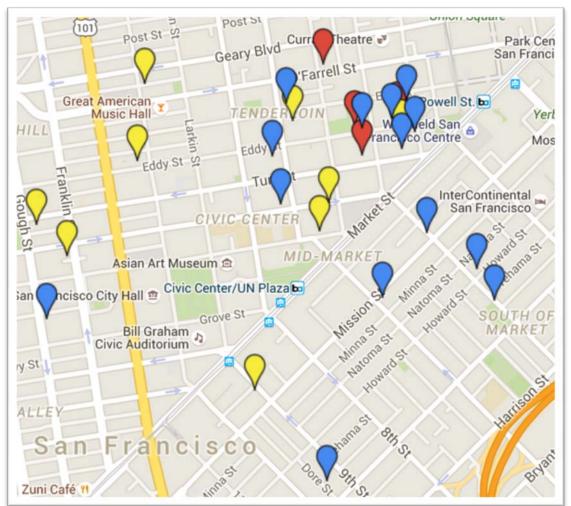
Emergency Stabilization

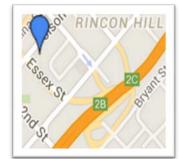
• 372 units, average















Housing (Urban Health): What's New?

Minna Lee Housing for Homeless

- > 45 units
- Elevator to be installed
- SFHOT Stabilization Rooms
- Currently in negotiation
- Estimated budget: ~\$900,000 (equals ~\$9K per UDC)

Partnerships with new Senior Affordable Sites

- 20% of units for homeless seniors referred by DPH-DAH
- Bayview and Western Addition

Transitions to Independent Housing

- Collaboration with SF Housing Authority to open waitlists to tenants currently in a Supportive Housing unit
- Explore new community housing options for DPH

Transition Division Challenges



Transitions Division infrastructure still a work in progress

SFHOT

- Loss of Stabilization Rooms and no new stock on the horizon
- Rapid program growth

Care Coordination

- Lack of Stabilization Rooms and no new stock on the horizon
- Lack of wheelchair accessible rooms
- > Cross system of care information sharing and lack of single health record

Community Placement

- Aging population and limited non-ambulatory facilities in SF
- Increased forensic and post-forensic referrals
- Lack of secure dementia facilities
- Increasing acuity and violence related to substance use (meth)

SF BHC

Serving an increasing forensic population

Housing (Urban Health)

Increased focus on affordable housing rather than low income homeless housing

THANK YOU FOR YOUR CONTINUED SUPPORT!

